

Lyme disease can be challenging to diagnose and to treat. There is much information on the internet, not all of it correct.

If you need a source of reliable information Lyme Disease Action has an email support line:

For doctors, nurses and other health professionals
medics@LymeDiseaseAction.org.uk

We cannot make clinical recommendations for individual patients but we can provide you with evidence based, referenced information on all aspects of Lyme disease:

- symptoms
- tests
- Lyme in pregnancy
- Lyme in children
- ticks & prevention
- relapses
- re-treatment
- prognosis
- co-infections
- risk & epidemiology

Initially providing information by email, LDA's Medical Director, a consultant psychiatrist, can also discuss with you by phone.

See also the **RCGP e-learning module**: a collaboration between LDA and the RCGP. www.elearning.rcgp.org.uk/lyme

For patients & carers

<http://www.lymediseaseaction.org.uk/resources/self-help/>

There are other resources available on tests, symptoms and differential diagnosis.



Further resources on www.LymeDiseaseAction.org.uk

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